### **National Taipei University of Education**

#### Notices for the Freshmen Health Examination (Foreign Students)

- 1. By the stipulation of the Ministry of Education, all freshmen enrolled are required to complete a health examination. All foreign new students are herewith required to receive the Student Health Examination and submit the examination report before 22st October, 2021 to NTUE HEALTH CENTER. (The examination form is attached).
- 2. The Student Health Examination has different <u>items</u> from the one required by the Immigration Agency for Residency Application, and therefore the latter cannot serve as a substitute. To avoid foreign student undergo examination repeatedly, we suggest:
- (1) <u>Students not yet issued the Taiwan Residence Permit</u> receive the <u>Residency Health Examination</u> and the <u>Student Health Examination at</u> the same time.
  - a. Recommended hospital: Taipei City Hospital Renai Branch (No. 10, Section 4, Renai Road, Daan District, Taipei City, 106; Telephone: 02-27093600, ext. 5205).
  - b. Required Documents: Passport; 3 ID photos; Forms of Health Certificate for Residence Application and Student Health Examination Form (Attachment).
  - c. For more information on the residency application, please check the Immigration Agency Website: <a href="https://www.immigration.gov.tw/5475">https://www.immigration.gov.tw/5475</a>
- (2) <u>Students having been issued the Taiwan Residency Permit</u> should receive the Student Health Examination arranged by the university health center.
  - a. Date: Sat, 16th October 2021.
  - b. Venue: Main Hall at NTUE
  - c. Please bring NT\$600, Student Health Examination Form, and 1-inch photograph.

# National Taipei University of Education Health Examination Guideline on Oct 16

### (For Postgraduate Freshmen)

- 1. In accordance with provisions of School Health Act and Director of Postgraduate health checkup at NTUE.
- 2. Participants: for all freshmen and Schooling Resumption.
- 3. Date and Time: Oct 16th, 2021 (Saturday) 13:00-13:30; Students should go there on their own.
- 4. Venue: School Auditorium (students should print out the Student Health Examination Form and carry one 1-inch photo with you.)
- 5. Fees: NT\$600 to be paid at the health examination venue (an invoice will be issued by the hospital).
- 6. Checkup Guidelines:
  - a. For someone may pregnant, should bring the health booklet with you.
  - b. Please fill out the information on the front page of the "Health Information Card" and paste a 1x1 photo and the name and student I.D. number on the back.
  - c. No fasting is required on the day of the checkup, and please refrain from sugar-containing beverages and high-protein foods.
  - d. Two days prior to the examination, refrain from rigorous exercise that may lead to elevated liver function indexes. On the day of the examination, drink a moderate amount of water to prevent dehydration that may result in higher uric acid.
  - e. Urine routine: A urine test is still required for female students during their menstruation. Please inform the staff when submitting the urine sample to have it separately noted.
  - f. On the day of the examination, please wear underwear without any metal attachments. Do not wear makeup or earrings/necklaces. In case contact lenses are worn, notify the examiner during the vision test. Do not carry valuable items. Do not undergo X-ray examination if pregnant or suspecting a pregnancy.
  - g. Do not overdress to ensure easy blood extraction and accurate weight measurement.

Division of Health Services, NTUE Office of Student Affairs

<sup>\*</sup> For any further questions please contact 02-66396688 (Ext. 82248) Registered Nurse

## National Taipei University of Education Health Examination Guideline on Oct 16

### (For Undergraduate Freshmen)

- In accordance with provisions of the Ministry of Education, all freshmen must complete health checkups, and carry out with the Director of Health Examination for Undergraduate students. Should the students not complete the Health Examination on purpose, they were to punish with the black marks or demerits; for those be punished and live in campus dormitory, will get the punishment of withdrawal from the dormitory.
- 2. Date and Time: October 16th, 2021 (Saturday) 8:00~17:00, please have a Health Examination on schedule.
- 3. Venue: School Auditorium
- 4. Fees: NT\$600 to be paid at the health examination venue (an invoice will be issued by the hospital).
- 5. Checkup items:
  - a. An x-ray examination
  - b. Urinalysis: sugar, protein, O.B., Ph
  - c. General Checkup: Height, Weight, Blood Pressure, Vision, Color Blindness, Hearing Test, Waist measurement, tooth checkup, and internal medicine checkup.
  - d. Blood checkup: Blood test, Liver function(GOT · GPT), Renal function (UA, BUN, CREATININE), Hepatitis B Foundation, Cholesterol, Triglyceride, highdensity lipoprotein(HDL), lowdensity lipoprotein(LDL), Blood sugar (BS)

#### 6. Checkup Guidelines:

- a. Please fill out the information on the front page of the "Health Information Card" and paste a 1x1 photo and the name and student I.D. number on the back.
- b. No fasting is required on the day of the checkup, and please refrain from sugar-containing beverages and high-protein foods.
- c. Two days prior to the examination, refrain from rigorous exercise that may lead to elevated liver function indexes. On the day of the

- examination, drink a moderate amount of water to prevent dehydration that may result in higher uric acid.
- d. Urine routine: A urine test is still required for female students during their menstruation. Please inform the staff when submitting the urine sample to have it separately noted.
- e. On the day of the examination, please wear underwear without any metal attachments. Do not wear makeup or earrings/necklaces. In case contact lenses are worn, notify the examiner during the vision test. Do not carry valuable items. Do not undergo X-ray examination if pregnant or suspecting a pregnancy.
- f. Do not overdress to ensure easy blood extraction and accurate weight measurement.
- 7. For those who are unable to undergo an examination during given time due to special circumstances, please inform our division (Ext. 82248) for other arrangements to be made, or personally have an examination in the designated hospital within ONE WEEK.

Division of Health Services, NTUE Office of Student Affairs